Don't forget to pray!

Many debaters are so excited and distracted by everything going on around them at a tournament that they forget the most important thing: God.

My advice to you is to pray before everyone one of your rounds! Pray that God would help you to come up with good arguments. Pray that you will be able to debate effectively. Pray that you will be a blessing to your judge, timer, and opponent. And pray that God will be glorified throughout your debate. (After all, ultimately, you should be doing debate to glorify God).

I have made it a personal habit of mind to pray before every single round, and I can tell you that it definitely makes a difference! :)